

Blue Cross and Blue Shield of Rhode Island Preventive Services for Commercial Members Jan 2021																										
<p>Note: See separate policy for Preventive Services for BlueCHIP for Medicare Members Coverage for newly recommended preventive health services is made no later than one year after the release date of the recommendation. Although many USPSTF recommendations are gender specific, BCBSRI does not limit coverage for gender specific services that are * denotes an updated recommendation **denotes a new recommendation</p>																										
<p>Unhealthy Alcohol Use in Adolescents and Adults USPSTF Grade: B (Nov 2018) The USPSTF recommends screening for unhealthy alcohol use in primary care settings in adults 18 years or older, including pregnant women and providing persons engaged in risky or hazardous drinking with brief behavioral counseling interventions to reduce unhealthy alcohol use.</p>																										
<p>Unhealthy Drug Use: Screening USPSTF Grade: B (June 2020)** The USPSTF recommends screening by asking questions about unhealthy drug use in adults age 18 years or older. Screening should be implemented when services for accurate diagnosis, effective treatment, and appropriate care can be offered or referred. (Screening refers to asking questions about unhealthy drug use, not testing biological specimens.)</p> <table border="1"> <thead> <tr> <th>Health Service Code(s)</th> <th>Diagnosis Code(s)</th> <th>Frequency</th> </tr> </thead> <tbody> <tr> <td>99408, 99409</td> <td>No Specific Code</td> <td>1 per year</td> </tr> <tr> <td>99385-99387</td> <td></td> <td></td> </tr> <tr> <td>99395-99397</td> <td>No Specific Code</td> <td>2 per year any combination of codes</td> </tr> </tbody> </table>			Health Service Code(s)	Diagnosis Code(s)	Frequency	99408, 99409	No Specific Code	1 per year	99385-99387			99395-99397	No Specific Code	2 per year any combination of codes												
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<p>Psychosocial/Behavioral Assessments for ages newborn to age 21 Bright Futures/American Academy of Pediatrics</p> <table border="1"> <thead> <tr> <th>Health Service Code(s)</th> <th>Diagnosis Code(s)</th> <th>Frequency</th> </tr> </thead> <tbody> <tr> <td>99381-99384</td> <td></td> <td></td> </tr> <tr> <td>99391-99394</td> <td>No Specific Code</td> <td>2 per year any combination of codes</td> </tr> </tbody> </table>			Health Service Code(s)	Diagnosis Code(s)	Frequency	99381-99384			99391-99394	No Specific Code	2 per year any combination of codes															
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<p>Depression Screening ~Adolescents USPSTF Grade: B (February 2016) The USPSTF recommends screening for major depressive disorder (MDD) in adolescents aged 12 to 18 years. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up. Bright Futures/American Academy of Pediatrics</p> <table border="1"> <thead> <tr> <th>Health Service Code(s)</th> <th>Diagnosis Code(s)</th> <th>Frequency</th> </tr> </thead> <tbody> <tr> <td>99384-99385</td> <td></td> <td></td> </tr> <tr> <td>99394-99395</td> <td>No Specific Code</td> <td>2 per year any combination of codes</td> </tr> <tr> <td>96127</td> <td>No Specific Code</td> <td>None (no annual limit)</td> </tr> </tbody> </table> <p>~Adults USPSTF Grade: B (January 2016) The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow up.</p> <table border="1"> <thead> <tr> <th>Health Service Code</th> <th>Diagnosis Code</th> <th>Frequency</th> </tr> </thead> <tbody> <tr> <td>99385-99387</td> <td></td> <td></td> </tr> <tr> <td>99395-99397</td> <td>No Specific Code</td> <td>2 per year any combination of codes</td> </tr> <tr> <td>96127</td> <td>No Specific Code</td> <td>None (no annual limit)</td> </tr> </tbody> </table>			Health Service Code(s)	Diagnosis Code(s)	Frequency	99384-99385			99394-99395	No Specific Code	2 per year any combination of codes	96127	No Specific Code	None (no annual limit)	Health Service Code	Diagnosis Code	Frequency	99385-99387			99395-99397	No Specific Code	2 per year any combination of codes	96127	No Specific Code	None (no annual limit)
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<p>Maternal Depression Screening Screening should occur per "Incorporating Recognition and Management of Perinatal Depression Into Pediatric Practice". AAP recommends pediatrician screening during newborn visits at 1 month, 2 months, 4 months and 6 months. Bright Futures/American Academy of Pediatrics</p> <table border="1"> <thead> <tr> <th>Health Service Code</th> <th>Diagnosis Code</th> <th>Frequency</th> </tr> </thead> <tbody> <tr> <td>96161</td> <td>None</td> <td>None (no annual limit)</td> </tr> </tbody> </table> <p>Separately reimbursed up to 12 months of age; Over 12 months covered and not separately reimbursed</p>			Health Service Code	Diagnosis Code	Frequency	96161	None	None (no annual limit)																		
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<p>Developmental and Autism Screening Bright Futures/American Academy of Pediatrics HRSA recommends that all children should be screened specifically for Autism Spectrum Disorders (ASD's) during well child doctor visits at: 18 months, 24 months (Plan policy up to 3 years of age for CPT code 96110)</p> <table border="1"> <thead> <tr> <th>Health Service Code(s)</th> <th>Diagnosis Code(s)</th> <th>Frequency</th> </tr> </thead> <tbody> <tr> <td>96110, 96127</td> <td>No Specific Code</td> <td>None (no annual limit)</td> </tr> </tbody> </table>			Health Service Code(s)	Diagnosis Code(s)	Frequency	96110, 96127	No Specific Code	None (no annual limit)																		
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<p>Screening for Anxiety; Preventive Services for Women (2020)** The Women's Preventive Services Initiative recommends screening for anxiety in adolescent and adult women, including those who are pregnant or postpartum.</p> <table border="1"> <thead> <tr> <th>Health Service Code(s)</th> <th>Diagnosis Code(s)</th> <th>Frequency</th> </tr> </thead> <tbody> <tr> <td>99384-99387</td> <td></td> <td></td> </tr> <tr> <td>99394-99397</td> <td>No Specific Code</td> <td>2 per year any combination of codes</td> </tr> <tr> <td>96127</td> <td>No Specific Code</td> <td>None (no annual limit)</td> </tr> </tbody> </table>			Health Service Code(s)	Diagnosis Code(s)	Frequency	99384-99387			99394-99397	No Specific Code	2 per year any combination of codes	96127	No Specific Code	None (no annual limit)												
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